

# StopConneries

En ce moment, ça discute beaucoup autour de *StopCovid*, le projet d'application de traçage pour lutter contre la pandémie de COVID-19. Notre dessinateur Gee vient donc apporter son pavé dans la ~~trogne~~ mare sous forme d'une BD – un poil – énervée.

⇒ [Accéder aux articles déjà publiés dans notre dossier StopCovid](#)

StopCoronaries

1. **Hand hygiene**  
Wash your hands frequently with soap and water for at least 20 seconds.  
If soap and water are not available, use an alcohol-based hand sanitizer.



2. **Wearing a face mask**  
Wear a face mask in public places, especially where people are crowded together.  
Cover your nose and mouth with the mask.



3. **Avoiding close contact**  
Avoid close contact with people who are sick.  
Avoid crowded places and indoor spaces with poor ventilation.



4. **Staying home when sick**  
If you are sick, stay home and avoid contact with other people.  
Cover your cough and sneeze with your elbow.



5. **Seeking medical attention**  
If you have symptoms of COVID-19, seek medical attention.  
Inform the healthcare provider of your symptoms and any recent travel history.



6. **Getting vaccinated**  
Get vaccinated against COVID-19 as soon as you are eligible.  
Vaccines are safe and effective.



7. **Testing for COVID-19**  
Get tested for COVID-19 if you have symptoms or if you have been in contact with someone who is sick.  
Testing can help you know if you are sick and if you need to isolate.



8. **Isolating if sick**  
If you are sick, isolate yourself from other people.  
Avoid contact with other people and avoid public places.



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## Sources :

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